



**Randall Hutto**  
**County Mayor**  
**Wilson County Government**

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**FOR IMMEDIATE RELEASE**

***Re: Wilson County Coronavirus COVID-19 Update of 3/12/2020***

(Lebanon, TN 3/12/2020)- Wilson County is working closely with the Tennessee Department of Health to stay informed and reduce spread of the coronavirus. The TN Department of Health is in contact with the CDC and other agencies for timely guidance to protect the health of Tennesseans. COVID-19 is the specific virus that presents a health risk to the public as it spreads worldwide. To stay ahead of the spread of the virus, local businesses and services may decide to suspend or change activities in order to reduce person contact.

**Cases Reported**

18 cases of the COVID-19 virus have been confirmed in Tennessee as of March 12. No cases were in Wilson County. TDOH updates the situation/cases at 2:00PM daily on their site at <https://www.tn.gov/health/cedep/ncov.html> . The incidences are reported to the TN Department of Health by healthcare providers and testing labs.

**Individual Action**

Continue to follow normal best health practices to protect yourself and others from spreading any viruses:

- Wash your hands frequently with soap and water for at least 20 seconds.
- Use alcohol-based hand sanitizer if soap and water are not available.
- Cover your mouth and nose with tissue when sneezing or coughing, then throw the tissue away.
- Don't touch your face.
- Stay home if you are sick (to get well and to avoid spreading a virus)
- Stay away from people who are sick—stay in a room with doors closed while you are resting. If you are a caretaker, follow all the aforementioned tips.
- Call your doctor/healthcare provider if you have any concern about your health. Talk by phone if possible. Your provider will let you know next steps.
- Testing is determined by your healthcare provider.
- For those over the age of 60 or for those with serious medical and/or respiratory conditions, reduce contact by staying out of large crowds. Give yourself 6 feet

- between yourself and another. This disease does not transmit through the air—it transmits through droplets of a sneeze or cough. A little distance helps a lot in this case!
- Reduce contact with others. Greet people with an elbow bump. No need for handshakes to warmly greet a friend or colleague!

### People at Risk

People who are over the age of 60, or have serious medical conditions are at higher risk than the general population. Those who have travelled to or come in contact with people who have recently traveled to China, Iran, Italy, or S. Korea, may be at higher risk of getting the virus. However, not everyone who gets sick will have serious illness. If you have symptoms, call your doctor or healthcare provider.

### Treatment

Call your healthcare provider if you are sick. At home, treat symptoms as you would a cold or the flu and then follow the advice of your healthcare provider. There is no vaccine available at this time.

For more information:

The TN Department of Health has launched a hotline for TN Coronavirus Public Information available 10:00AM-10:00PM at 877-857-2945.

TN has established a COVID-19 website at <https://www.tn.gov/health/cedep/ncov.html> for the most current information updated regularly.

For Frequently Asked Questions, go to <https://www.cdc.gov/coronavirus/2019-ncov/faz.html> .

For Travel, go to <https://www.cdc.gov/coronavirus/2019-ncov/travelers/faqs.html> .

For TDH news releases, go to [www.tn.gov/health/news.html](http://www.tn.gov/health/news.html) .

In Wilson County, if you have concerns, call Mayor Hutto's office at 615-444-1383 or the County Health Department Director Tim Diffenderfer at 615-444-5325. Tim has met with the Wilson County Emergency Management Agency and other first responders to advise them on best practices from the TDOH and CDC.