



WILSON COUNTY CONNECTION



Lebanon Mt. Juliet Watertown

April 2018

Volume 8 Issue 4

A Word From Your County Mayor Randall Hutto

Mark your calendars for Saturday, April 28, 2018 as Wilson County gears up to host a special event train via the Music City Star. As current Vice President of the Regional Transportation Authority of Middle Tennessee, I along with the RTA, the Mt. Juliet Chamber of Commerce, Famous Footwear and the Nashville & Eastern Railroad Association have joined forces to host two special event trains that will benefit St. Jude Children's Research Hospital. The first train will transport spectators and participants to the St. Jude Rock 'n' Roll Marathon and Half in Nashville. That afternoon, the Music City Star will provide a safe and responsible mode of

transportation for those attending A Toast to Tennessee Wine Festival at the Wilson County Expo Center. The best part? Net ticket sales for both trains benefit



St. Jude!
As I was meeting with my staff, discussing this year's upcoming Music City Star related events, I couldn't help but be excited about the future of transportation in Wilson County. We are incredibly fortunate to have a service such as the

Music City Star in our county. The commuter and special event train not only provides safe transportation for citizens, but clears traffic off of roadways, eliminates pollution, and provides an effective way for our citizens to get from one place to another. Over the years the positive impact of the Music City Star on our community just continues to increase. The Music City Star along with the City of Mt. Juliet recently negotiated several improvements to the stations located in the Mt. Juliet area. Hamilton Station, the Music City Star's newest station, is set to open in May 2018, and is a major milestone in



our community as it boasts the only transit oriented community in Tennessee. Not to mention, plans are in the works to add additional night and weekend trips as the popularity of the current Friday Night Train continues to rise.

Though the weather may be dreary, commuting to your destination doesn't have to be through services such as the Music City Star. I hope you will take advantage of all the Music City Star has to offer and hope to see you at the starting line on April 28th!

WILSON COUNTY DISTRICT 14



Mike Justice
694 N. Commerce Road
Lebanon, TN 37090
615-920-3177



Share a Ride. Earn Cash!



As growth continues in Wilson County, so does the need for effective mass transportation. In addition to services provided by the Music City Star, Wilson County residents can now take advantage of a ride sharing program through Hytch. The Hytch Rewards program allows Wilson County residents, as well as residents in Davidson, Rutherford, Sumner and Williamson Counties, a chance to earn cash rewards for ridesharing throughout Middle TN. Ridesharing includes carpool, ride-hail service and public transit when two or more people ride together (this also includes riding

the Music City Star!). Those that download the app, and take advantage of the program, can earn 5 cents per mile and redeem the cash in \$10 increments. By participating in this program, Middle Tennessee experiences less traffic, less emissions, and safer roadways overall. To learn more, visit HytchRewards.com/download.

Hytch Rewards is funded in part by a grant through the State of Tennessee. To watch a video of **Mayor Hutto** taking advantage of the Hytch App visit: <https://www.hytch.me/leaders/randall-hutto/>.

Wilson County Schools - Dedication Ceremony



On Sunday, March 18, 2018, Wilson County Schools unveiled their newest addition: a new central office and teacher training center located in the former Lebanon High School

building. Recently renovated, the new building will host all administrative offices, nutrition services, a large board room for meetings and an auditorium for teacher

training events. The Wilson County Commission provided funding for the much needed space. The Grand Opening Ceremony focused on the positive impact this

building will have on all of Wilson County Schools and parents, as all offices are located on one particular campus.

Highway 109 Groundbreaking

On Friday, March 9, 2018 Mayor

Hutto attended the Groundbreaking Ceremony for a series of projects set to widen Highway 109. As traffic steadily increases in the area, it is imperative proper road maintenance and expansions take place. Though residents have voiced a need for change in the area for quite some time, it

wasn't until the recent passing of the Improve Act that TDOT had enough funding to begin the much needed projects.

This particular project will widen the road and add a red light at Academy Road. Mayor Hutto spoke at the event along with commissioners from the Tennessee Department of Transportation, Representative Susan Lynn, Representative Clark Boyd, Senator Mark Pody and Lebanon City Mayor Bernie Ash.

Though the process will be tedious, Mayor Hutto is confident this project will be an asset to the citizens of

Wilson County and all those who travel through the area.



Stay Connected

**Stay Connected with Mayor Hutto and the Wilson County Mayor's Office!
Follow Mayor Hutto on Twitter and Facebook. Also be sure to check out
our website for information on all county offices.**



Wilson County
www.wilsoncountyttn.gov





FIDDLERS GROVE HISTORICAL VILLAGE
&
WILSON COUNTY MASTER GARDENERS

PRESENTS

SPRING FEST IN THE GROVE

APRIL 28, 2018

10AM-4PM

At

Fiddlers Grove

945 E. Baddour Parkway

Lebanon, TN

Plants-Gardening Experts-Speakers

Demonstrations-Food

Admission is FREE

Silent Auction to Benefit Children's Garden

Phone: 615.547.6111

Visit us on Facebook at

Spring Fest in the Grove

@springfestinthegrove

Tennova Healthcare – Lebanon

Receives Accreditation for Bariatric Surgery

*Hospital offers the latest surgical procedures, personalized care
and the support needed to achieve long-term weight loss*

Wilson County is fortunate to have a premier healthcare facilities located right here in Lebanon, TN through Tennova Healthcare. Not only does Tennova offer excellent care to our local citizens, but also provides care for patients all throughout Tennessee. Each month, we will feature an article from Traci Pope, Community Relations Director at Tennova Healthcare. These articles will highlight services and advancements at Tennova that greatly benefit your overall health and quality of life.

Tennova Healthcare – Lebanon is now accredited by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) as a Comprehensive Center. National accreditation demonstrates the hospital's commitment to offer proven surgical procedures to curb hunger as well as restrict intake and calorie absorption for maximum weight loss.

MBSAQIP was formed in

2012 when the American College of Surgeons (ACS) and the American Society for Metabolic and Bariatric Surgery (ASMBS) combined their national bariatric surgery accreditation programs into a single program to create one national standard for all bariatric surgery centers.

“We are pleased to be among a select group of bariatric surgery programs in Tennessee to achieve this level of accreditation by the MBSAQIP,” said Jay Hinesley, chief executive officer of Tennova Healthcare – Lebanon.

“This underscores our commitment to meet the highest standards for patient safety and quality of care. It also means we have been recognized for offering personalized, sensitive care in a comfortable environment from a team that includes qualified surgeons, a dedicated program coordinator, trained nurses, dietitians, insurance coordinators, a psychologist, support group and more.”

To earn MBSAQIP accreditation, the hospital met essential criteria for staffing, training, facility infrastructure and protocols for care, ensuring its ability to support patients with severe obesity. The center also participates in a national data registry that yields semiannual reports on the quality of its processes and outcomes, identifying opportunities for continuous quality improvement. As a Comprehensive Center, Tennova Healthcare – Lebanon is approved to provide care to patients ages 18 and over.

“This designation is an important way for patients to verify that their surgeon has access to all the key resources necessary for optimal care,” said Mark G. Kent, M.D., a general and bariatric surgeon with Tennova Surgery – Lebanon. “This level of accreditation means we are authorized to treat the most complex bariatric patients in this community. We are proud to be acknowledged for excellence at our center.”

More than 300 bariatric surgeries have been performed at the hospital to date. In addition to Dr. Kent, weight loss surgeries are performed by Nancy Barrett, M.D., a general and bariatric surgeon.

Dr. Kent and Dr. Barrett are experienced in a wide range of techniques including vertical sleeve gastrectomy. Almost every procedure can be performed through tiny incisions, reducing pain and speeding up recovery.

MBSAQIP accredits bariatric surgery centers in the United States and Canada that have undergone an independent, voluntary, and rigorous peer evaluation in accordance with national standards. MBSAQIP-accredited centers have demonstrated compliance with these standards and successfully completed an on-site visit by a trained surveyor.

To learn more or to attend a free weight loss surgery seminar, call 1-855-TENNOVA (836-6682) or visit TennovaWeightLoss.com.



2018 Volunteer Stars

Each year, in conjunction with the Governor's Volunteer Stars Award program, one youth and one adult in all of TN's participating counties are selected to attend the Governor's banquet and be honored for their volunteer work. Here in Wilson County, we like to take it a step further

and recognize all of our nominees. For the past several weeks, our office along with the Lebanon Democrat have publicized articles and Facebook posts of our winners and nominees, outlining their many accomplishments. While we know there are more throughout our great

county, this year we received 15 nominees; 5 youths and 10 adults. We were fortunate this year to have Mr. John McDearman from Wilson Bank & Trust sponsor our award plaques. On the pages ahead, you will see a photo of each nominee along with a short description of their

volunteer work. We are honored to have to many remarkable individuals and groups here in Wilson County that truly allow Tennessee to live up to its title of "the volunteer state". Congratulations, again to each nominee and winner!



Marti Taylor, 2018 Youth Winner

Marti Taylor is our Youth Winner for 2018. Marti was instrumental in starting "84 Days"- a women's ministry dedicated to providing feminine hygiene products to women/girls in need in Uganda, Kenya, Nicaragua, and the United States. In addition, Marti is also an active volunteer with Compassionate Hands, Run4Water and several other organizations through her school.

Felicia Wharton, 2018 Adult Winner

Ms. Felicia Wharton is our Adult Winner for 2018. Felicia is an active volunteer with her church, Market Street Church of Christ. Each year she organizes free Thanksgiving meals for those in need. In 2017, Felicia also began a clothing giveaway for needy families serving hundreds of individuals in our community.





Wayne and Geri Hailey, 2018 Adult Nominee

Wayne and Geri Hailey are lovingly referred to as “Pawpaw and Gigi” at Southside Elementary. They spend their time with students in Kindergarten and First Grade; helping them with reading skills and art projects. The couple also donates supplies for classrooms and assists teachers with special projects.

Betty Flemming, 2018 Adult Nominee

Betty Flemming retired from working 30 years with the school system, but hasn't stopped working for Wilson County. Betty is an avid volunteer with the Lebanon Wilson County Chamber of Commerce participating in events such as open houses, ribbon cuttings, Halloween on the Square, Taste of Wilson County, and the annual Lebanon Christmas Parade. Betty is also a dedicated member of Wilson ONE and a longtime volunteer with the Wilson County Sheriff's Department's SCAN program.



Brenda Harper, 2018 Adult Nominee

Brenda Harper has worked with the Tennessee Suicide Prevention Network (TSPN) as well as with the Wilson County Health Council for over 8 years. She single-handedly organizes various awareness and outreach events throughout the year to raise awareness for suicide prevention. Brenda also provides suicide prevention training to various groups in Wilson County as well as throughout the Mid Cumberland and Upper Cumberland regions.

Isabell Denton, 2018 Youth Nominee

Isabell Denton has volunteered every Friday for almost a year at the Nashville International Center for Empowerment. Her goal? To help immigrants coming to the United States pass their citizenship test for a chance at a better life. Isabell spends her Fridays tutoring families from all over the world. After several months of volunteering, she became passionate about helping these families financially as well and designed a t-shirt to raise funds to support individuals working so hard to become Americans.



Wilson Books From Birth



IMAGINATION DINNER

LOCATION OF IMAGINATION DINNER

THE WILSON COUNTY EXPOSITION CENTER
945 East Baddour Parkway Lebanon, Tennessee

LIVE & SILENT
AUCTIONS

DOOR
PRIZES

DATE AND TIME OF DINNER

Thursday, April 12, 2018 at 6:30 p.m.

COST: A table of 8 cost \$250.00 (table sponsor)

This is a fun evening for all --

Don't miss the event and help support Wilson Books from Birth!

Contact Wilson Books from Birth at 615-444-5586 to sponsor a table.

The dinner follows a "Wacky Waiter" format.

By sponsoring a table, you can select a person to be your waiter for the evening.

The Imagination Dinner benefits Wilson Books from Birth, a division of Dolly Parton's Imagination Library in Wilson County. This pre-K literacy service mails one age appropriate book each month to every child in Wilson County from birth to age five at no cost to the family.

*Wilson Books from Birth is a program under the tax-exempt entity Wilson County Business and Education Coalition, Inc.

Compassionate Hands

*A note of thanks from
Compassionate Hands
Director, John Grant:*

“Thanks to the generous support of friends all over Wilson County, Compassionate Hands churches just wrapped up our 5th

winter providing emergency shelters for local friends. The final night of service was March 15. Over 1000 times this winter, someone stayed in a local church or ministry. That means that Wilson County churches and vol-

unteers provided more than 1000 beds in safe, warm facilities; 1000 dinners, 1000 breakfasts, and 1000 opportunities to meet a godly friend and start a new life. Also, guests were provided with warm clothing, laun-

dry services, showers, first aid, encouragement, transportation and job leads, all in the name of Jesus.” Thank you Wilson County for your support of this program and for taking initiative to help those in need.

Spring County Surplus Auction

The Wilson County Insurance Department has a Spring County Surplus Auction scheduled for Friday, May 18th at the James E. Ward Agriculture Center.

If you have any items needing to be sold, please declare them “Surplus to be Sold”.

If you have items that are broken and have no salvage value declare them “Surplus to be Destroyed”.

If you have any questions or need help getting your list processed through the committees let Sharon Lackey or Debbie Fischer know.



HR CORNER

WILSON COUNTY GOVERNMENT

Human Resources is doing a Monthly Employee Giveaway. We have several fun items for you to pick from. All Wilson County Employees will have a chance to win during their anniversary month. Please contact HR at 615-466-5152 or 615-466-5138 to claim your prize.

March 2018 Winners

Amy Scott– County Clerk
Mark Ervin– Road Commission
Pamela Wiggins– Mt. Juliet Library
Sheila Brown– County Clerk
Ricky Upchurch– Road Commission

April 2018 Winners

Jeff Todacheeny– Building Maintenance
Winston Beard– Road Commission
Robert Smith– Road Commission
Alan Matthew Edwards– Sheriff’s Office
Brenda Gannaway– Trustee

Spotlight on the office of...

REGISTER OF DEEDS



main in the office at all times.

John "Bev" Spickard currently serves as the Register of Deeds for Wilson County. Under his direction, the Register of Deeds' office has made it a priority to serve the citizens of Wilson County, as well as the employees of Wilson County Government, with the best service possible.

This month, the Wilson County Connection chose to highlight the Register of Deeds office for our "Office Spotlight". The primary function of the register is to make and preserve a record of instruments required or allowed by law to be filed or recorded, including but not limited to deeds, powers of attorney, deeds of trust, mortgages, liens, contracts, plats, leases, judgments, wills, court orders, military discharges, records under the Uniform Commercial Code (primarily fixture filings), and other types of documents. The records provide public notice of property ownership, liens, contracts, and other transactions that affect the public interest. The records and papers must re-

The office has 6 full time employees and 2 part time employees. Full time employees are as follows: Beth Howard, Office Manager; Misty Thomas, Chief Deputy; Jackie Murphy, Deputy/Bookkeeper; Leanne Atwood, Deputy; Wendy Symgens, Deputy; and Jill Wrather, Deputy. Part time employees are Jill Coffman and Jacque Dillard, both who serve as Deputies. All of the employees in the Register of Deeds office are cross-trained to do multiple tasks. Therefore, each employee can assist anyone that has questions concerning the recording of documents. The employees of the office and the recording system have been in place for several years, making assisting

citizens and other employees a very efficient process that gets the job done each day.

Several years ago, the Register of Deeds office implemented an electronic recording system, which is a process that has grown each year. Because of this implementation, the office has noticed a savings in postage, supplies and time spent on the recording process. Currently, about 1/3 of the recordings in the office are sent electronically. This eliminates the scanning and mailing process for the recording of electronic documents.

The office's website has also saved citizens tax dollars, as well as saved many businesses time and money. Title companies, banks and attorneys who formerly had to go to the office in person now use the website to search for what they need. The website also offers a document fee calculator which allows users to determine the cost of their recording fee. The Register of Deeds Office currently has an average of 150 web customers which brings in about \$45,000.00 per year that goes back to the county's

general fund.

In addition to the services offered on the website, the Register of Deeds office allows customers to request copies of documents that are mailed or emailed to customers that request them. This is a service that anyone can access on the website without having a user name and password.

When asked about his long time tenure as the Register of Deeds, Mr. Spickard had the following to say: "I have been blessed to have been elected and re-elected to this office by the citizens of Wilson County for five terms. I have enjoyed being your Register of Deeds and have taken pride in protecting and preserving the records for the county. I'm thankful to have had a great staff that cares about their jobs and for the citizens in which they serve each day. Thank you to all that have voted for me in the past elections!"

SPECIAL EVENT TRAIN BENEFITS ST. JUDE

For the fourth straight year, Wilson County Mayor and RTA Vice Chair Randall Hutto is partnering with the Re-



gional Transportation Authority of Middle Tennessee (RTA) to transport runners and supporters to the St. Jude Rock 'n' Roll Marathon and Half. The train to the Marathon is a collaborative effort between the RTA, St. Jude Children's Research Hospital and Wilson County. All ticket proceeds will benefit St. Jude, and Famous Footwear is supporting the special event train as this year's corporate sponsor. The return train will leave Riverfront Station at noon (unless the marathon experiences a rain delay) and stop at all stations en route to Lebanon. The train will arrive at Lebanon Station by 1:00 PM. Also, the same day, is another special

event train also hosted in part by Mayor Hutto

and the RTA, along with the Mt. Juliet Chamber of Commerce. In addition to acting as the return train from the Marathon, The Music City Star will transport passengers from Music City to A Toast to Tennessee Wine Festival to provide a responsible and safe way to travel to and from the event. Wilson County will provide transportation to those attending the festival by train from the Lebanon Station to the Wilson County Expo Center and back. The train will leave Lebanon Station at 5:30 P.M. and stop at all stations en route to Nashville. The train will arrive back at Riverfront

Station at 6:30 P.M. Sales from the tickets to the wine festival will also benefit St. Jude. The Nashville & Eastern Railroad Corp., will donate an additional \$5 to St. Jude Chil-

ren's Hospital for each ticket sold for both the Nashville Rock 'n' Roll Marathon and Toast to Tennessee Wine Festival trains. Tickets cost \$12 plus a \$1 pro-

cessing fee, and may be purchased with a credit card through the RTA website or at www.ticketsnashville.com. Tickets will be on sale until 24 hours prior to departure or until tickets are sold out, whichever comes first. Children age 4 and younger will not need a ticket to board; however, they are required to sit in a parent or guardian's lap. Anyone needing special accommodations to board should call (615) 862-5925 prior to their trip. For more information, contact Customer Care at (615) 862-5950 from 6:30 a.m. to 6:30 p.m. on weekdays, 8 a.m. to 5 p.m. on Saturdays and 10:30 a.m. to 2:30 p.m. on Sundays or visit the Music City Star website at www.musiccitystar.org.



cessing fee, and may be purchased with a credit card through the RTA website or at www.ticketsnashville.com. Tickets will be on sale until 24 hours prior to departure or until tickets are sold out,

The train schedule for each event is included on the flyers in the following pages.

SATURDAY, APRIL 28, 2018

Ride the Music City Star

ST. JUDE *Rock'n'Roll* NASHVILLE MARATHON

All net proceeds
benefit St. Jude
Children's Hospital



to marathon:

Lebanon	5:00 a.m.
Martha	5:15 a.m.
Mt. Juliet	5:25 a.m.
Hermitage	5:35 a.m.
Donelson	5:50 a.m.
Riverfront	6:00 a.m.

TICKETS
\$12
ROUND-TRIP*

plus processing fee

from marathon:

Riverfront	12:00 p.m.
Donelson	12:11 p.m.
Hermitage	12:24 p.m.
Mt. Juliet	12:33 p.m.
Martha	12:43 p.m.
Lebanon	1:00 p.m.

get your tickets at:

TicketsNashville.com



Sponsored by



SATURDAY, APRIL 28, 2018

Ride the Music City Star A Toast to Tennessee Wine Festival



Wilson County Expo Center
12 p.m. - 6 p.m.

All net proceeds benefit St. Jude Children's Hospital

to wine festival:

Riverfront	12:00 p.m.
Donelson	12:11 p.m.
Hermitage	12:24 p.m.
Mt. Juliet	12:33 p.m.
Martha	12:43 p.m.
Lebanon	1:00 p.m.

TICKETS
\$12
ROUND-TRIP*

plus processing fee

from wine festival:

Lebanon	5:30 p.m.
Martha	5:51 p.m.
Mt. Juliet	6:00 p.m.
Hermitage	6:10 p.m.
Donelson	6:20 p.m.
Riverfront	6:30 p.m.

get your tickets at

TicketsNashville.com



* Music City Star
weekday and monthly passes
not valid for this event

**Wilson
County**
GOVERNMENT

SPONSORED BY

MT. JULIET
CHAMBER OF COMMERCE

MUSIC CITY **STAR**

Angel Gowns for Angel Babies

“There is no foot too small, that it cannot leave an imprint on this world”-unknown

In February, a group of volunteers gathered at the James E. Ward Ag Center for a sewing party. However, it wasn't just a day of crafting. It was a day of mourning, celebration and healing. The volun-

teers gathered around the sewing machines in the Gentry Building that day created over 36 Angel Gowns. These precious creations are given to hospitals to give parents who are grieving from infant loss at no cost.

Over 60 volunteers participated in the two day event. In addition to

gowns, 39 bonnets and 11 sleeping bags were created as well. In total, 47 grieving families in and around Wilson County will be impacted by this special project. Shelly Barnes, UT Extension Agent and director of the event, noted that several of the volunteers were mothers that had experienced loss themselves and

participation in this type of event was a very “healing” experience. If you are interested in participating this event in the future, please note that there is another sewing party scheduled for October 2-3. For more information, please contact Shelly Barnes at sbarnes@utk.edu or at 615-444-9584.



Please note that all photos were taken by Jennifer Roddy with A Place in Time Photography.

Join Team Cagle for this great event.

May 12, 2018 Noon-4:00 p.m.

**Fiddlers Grove Wilson County Fairgrounds. Food,
Games, Auction and Live Performances**



**Be strong and
courageous; do not be
frightened or
dismayed, for the Lord
your God is with you
wherever you go.**

Joshua 1:9

Deputy Justin Cagle was a Mt Juliet Police Officer for 10 years. He is now a Deputy and SWAT Team Member for the Wilson County Sheriff Department. Justin has served our community courageously for many years. Now he is in the fight of his life... and We Have His Six.

We have a great afternoon planned complete with a children's area, food, music and of course a shooting competition with amazing prizes. This event will take place Saturday, May 12, 2018 at Fiddlers Grove Historic Village located on the grounds of the James E. Ward Agricultural Center in Lebanon, Tennessee.

Tickets available on line at

<http://www.signupgenius.com/go/30e0f45a8af2ca0f85-team>

For more information email teamjustincagle@gmail.com

Kindergarten Registration

If you have a son or daughter turning five, ON or BEFORE **August 15th**, it's time to register them for Kindergarten. If you already have a student enrolled in a Wilson County School, simply log into your existing Family Access account, and choose New Student Online Enrollment. Please complete the online process, then contact the school your child is zoned for to schedule a time to bring in the required documents.

What to Bring

- Two proofs of residency
 - Birth Certificate
- Tennessee Public School Immunization Certificate with Proof of Physical
 - Social Security Card (is requested)
 - Custody Papers if applicable
- Photo I.D. for the Parent or Guardian

*Note: If you have a Pre-K student currently enrolled in a Wilson County School, your school will instruct you on the procedure to enroll for the kindergarten year.

Each school will host a “Kindergarten Night”, during the month of April. Below, you will find a list of dates and times for each school:

Lakeview Elementary School - April 10th from 5:00-7:00 p.m.

Gladeville Elementary School - April 12th from 5:00-7:00 p.m.

Mt. Juliet Elementary School - April 16th from 4:00-6:00 p.m.

Watertown Elementary School - April 17th from 4:00-6:00 p.m.

W.A. Wright Elementary School - April 19th from 4:00-6:00 p.m.

Elzie D. Patton Elementary School - April 19th from 5:30-7:00 p.m.

Southside Elementary School - April 23rd from 5:00-7:00 p.m.

West Elementary School - April 24th from 3:30-5:30 p.m.

Rutland Elementary School - April 26th from 3:00-6:30 p.m.

Carroll-Oakland Elementary School - April 30th from 4:30-6:30 p.m.

Stoner Creek Elementary School - May 1st from 4:30-6:30 p.m.

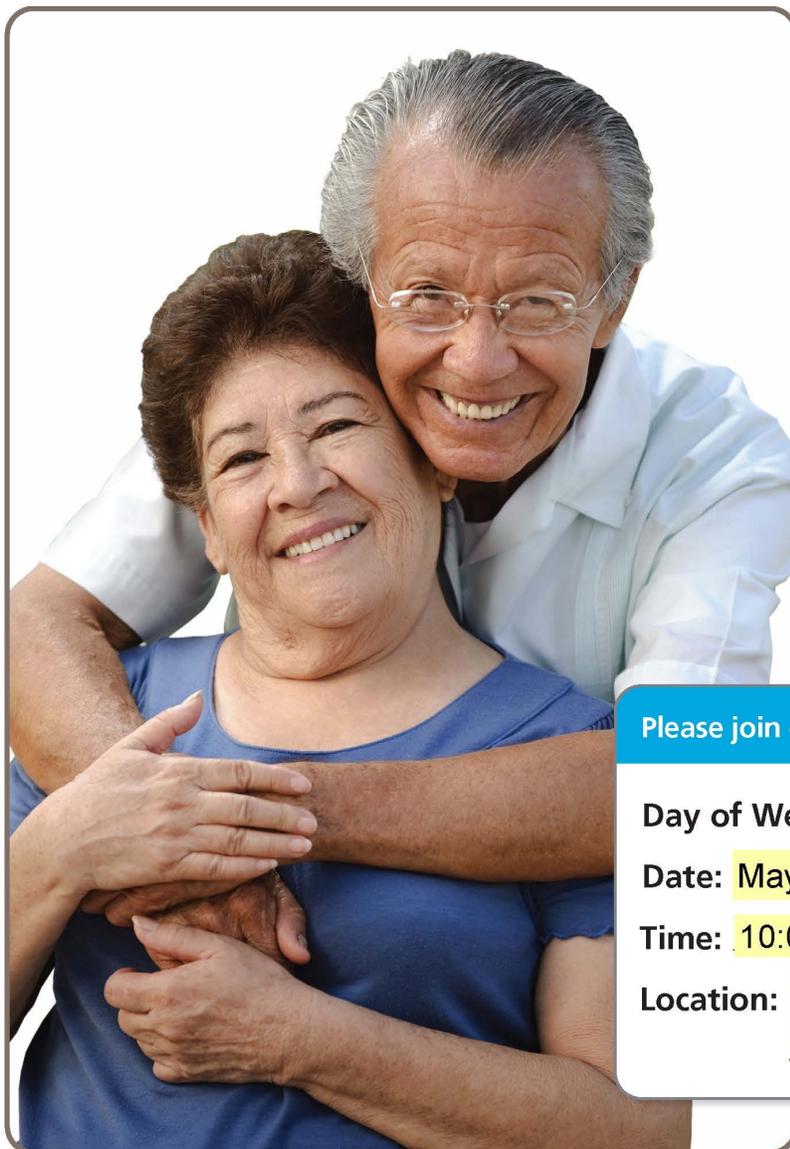
Springdale Elementary School - May 3rd from 4:00-6:30 p.m.

Tuckers Crossroads Elementary School - May 8th from 3:30-5:30 p.m.

If you have any additional questions, please feel free to submit them to “Let’s Talk”, via the district website, at www.wcschools.com

Diabetes Academy

is Now in Session



Diabetes Academy is a free class given by a Novo Nordisk Diabetes Educator to help you learn about managing diabetes.

Curriculum includes:

Diabetes Management

- **Diabetes 101**—covers basic diabetes information and terminology
- **Staying Healthy**—provides convenient tips for eating healthy and staying active
- **Diabetes Medication**—reviews the basics about insulin and non-insulin injectables and demonstrates how to use injection devices

We look forward to seeing you!

Please join our next class...

Day of Week: Thur: Tonya Swoape CDE

Date: May 3, 2018

Time: 10:00 - 11:30am am/pm

Location: Gibbs Education Center
Baddour Pkwy, Lebanon, TN